



ALLiES eGuide

Training course

Special training and workshops aimed at teachers and parents, who participate together, develop interaction between school and family, as well as increasing awareness of gendered violence and its impacts on the wellbeing of the family.

The training course is not just for the teachers and the parents of the kids of the class pilot. It can be open to any interested adult, educators, parents and all the teachers of the institute. The content of the training course introduced here is organised by the team of Allies project in Italy, but this course has a wide base with existing associations and municipalities. Audio of all conferences can be uploaded to the school website.

The plan of this course is to have four conferences about:

1. “Importance of emotions in learning” focuses on three main points:

- The scientifically proved influence of emotions in learning.
- Parents and teachers must know that and became a bit more "expert" in emotional intelligence to support educative and learning processes of children and students.
- Educators have to make children think about their "emotional self" using specific activities that they can easily organize (maybe it's good to start with a small group, before introducing a standard for the whole school).

2. “Gender roles and relations: stereotypes, differences and change”

The main contents underlined in this meeting are:

- Gender stereotypes are part of our life “landscape”, people don't recognize them and misunderstand which are “natural” gender characteristics and which are enforced by social masks;
- “Theming” the topic as a school “subject” is a risk, people need a positive model rather than normative lessons, the model is not a “perfect” man/woman by any standard, but a man/woman happy to be *that* peculiar man or woman.
- Going outside gender stereotypes does not mean demanding a right or giving up a privilege, but “qualification” in personal relationships in social environments.

3. “Domestic violence”

The main contents:

- More than 30% of women are subjected to violence (physical or sexual in Italy)
- 94% of violent men were subjected to physical, sexual or “witnessed” violence.
- For each reported violent situation, there are other ten others that are not reported. It's a problem that would call for a “systematic” and political intervention. No one should feel unaffected by the problem: it is not a problem of women or of some women; neither a problem of some man monster (“ogre”). It's time for everyone to act.





- We need to free intimate relationships from power and possession logics, from the fear of partner's freedom; in an intimate relationship, we need not sell our freedom for the supposed "protection" of couple life and denounce what we don't really like.

4. "Aggression and bullying: recognizing for prevention"

- It is interesting to deal with this topic not in an analysis directed at teenagers, which is typical, but from the viewpoint of a preschool.
- Interactive style and videos, with concrete examples, makes the topic easy to identify for parents and children.

The contents:

- Bullying is a social phenomenon that decreases with time but increases in intensity.
- There are gender related behaviour patterns in bullying, which are often said to be direct and physical for the boys, and more relational for the girls. However, it is crucial to note that boys also use indirect, and girls more direct ways to bully than was expected earlier.
- Cyberbullying has increased, especially in social media.
- It's important in school and family to care about relationships and participation of children in class (and family) decisions, because the most dangerous weapon to increase violence and bullying is "indifference".