

Period 6 – Audacity, courage, energy, activity, initiative

Now it is springtime and time to enjoy it with full force. This period is especially demanding to us teachers because it allows us to go a little crazy, releasing energy by screaming into nature, walking barefoot outdoors, doing unusual things and taking a step outside our comfort zone.

During the 6th period, we practice the following things. You can also pay special attention to these at home.

1. Doing something extraordinary

During the 6th period we do unusual projects. The end result is not what is important, but rather the experience itself: teachers and children sharing a new life experience. A new experience is better, if it is related to some kind of sensual experience (e.g. hearing, touching, seeing, smelling).

→At home you can do face paintings with your child, or perhaps take a barefoot walk in the grass after a rain.

2. Physical exercises and sports

In the spring we aim to add to physical activity and sports by directing children in as wide a range of sports as possible at school.

→At home for example you can also try different types of sports with your child. If there is a problem with a certain sport, you can try something else with a positive attitude.

3. Expression, dance and music

We aim to strengthen children's self-expression by means of dance and music. Children can try to write a song of their own, dance to it and perform it in front of others.

→At home for example you can dance with your child to the rhythm of your favorite music. Or you can try to write your own song or poem.

4. Being a leader, developing leadership skills

We practice making decisions and carrying responsibility during various projects.

→At home the child can be given small responsibilities, such as being in charge of cleaning after meals. S/he can also make decisions in different activities, for example which game the family should play.

5. To stand by their beliefs and have a debate

We practice how children can stand up for their beliefs. We also encourage children to express their own opinions, but also to listen to one another.

→At home ask your child what s/he learnt at school. You can also discuss your and her/his interests with your child. In this way the child learns to express her/his opinions and also learns that everyone does not have to like the same things.

6. Initiative

We practice showing initiative. We will use the question: "How can you solve this issue on your own?" To solve something on your own can of course mean having someone assist you, but the main thing is for the child to find the solution on her/his own.

→At home you can learn a new approach to problems and also use the question: "How can you solve this issue on your own?"

7. Using tools

We learn how to use different building and property maintenance tools, under proper supervision by adults.

→At home you can build a flower box or cabin with your child. Making something together and getting familiar with the new tools are the main things.

8. The possibilities of exerting an influence on our environment.

We learn how to make a difference on our environment.

→At home enhanced recycling is always a good way to influence your environment.

Period 6 – Compliments and encouragement

Using appropriate compliments that focus on children's responsibility and initiative is the most effective way to achieve success. Here are ideas for encouraging the children during the 6th period.

Courage – “You dared to.... GREAT!”

Energy – “Good – you are using your power!”

Activity – “Keep on! You are doing great!”

Initiative – “Do you see how well you are doing on your own?”



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PERIOD 6 - SKILLS

Ponder together with your child what skills s/he needs to practice during the 6th period in terms of courage, activity or initiative.

Decide together how you will celebrate a well-practiced skill!

You can seal the contract with signatures, so it becomes important to both of you.



Skill:



Prize at the end:



Signatures:

