



ALLiES eGuide

3rd Period - Good Practices

Communication	
Boundaries in Communication	Outer boundaries
Self control	<p>The boundaries in communication with others</p> <p>The art of asking a friend to stop doing something when it is uncomfortable</p> <p>Focus on positive cooperation</p>
Supportive factors	<p>Working in pairs</p> <p>Yoga</p>
Reflections	You have control over your own feelings
Conversations	<p>It is not the words of others that hurt you, it is how you interpret them</p> <p>Is it possible that there is something else behind others' words, i.e. distress?</p>
Stories to tell	<p>Exaggeration – The teacher tries out different ways to guide the children. Strongly, mildly, showing, telling, assisting. How do the children experience it when each of these methods is used?</p>
Projects	<p>Blind person – Children work in pairs: one is a blind person and the other one is leading him/her.</p> <p>Dancing on ice that's melting so the dance area gets smaller and dancers dance closer together.</p> <p>Co-operation with balloons – using heads and not hands. Children holding the balloon between their heads when going from one wall to the opposite wall in the room.</p> <p>Painting with hands and feet – using a rather small paper for the group so if they want to move or put their hands down on paper they have to communicate and cooperate.</p> <p>The children are blindfolded and touch unfamiliar things they can't see. Do they use the same or different words to describe these things?</p>